

Peer Support Group

Some young people may like the opportunity to meet others who are going through similar experiences to themselves in a social environment. The TYA team organise monthly events away from the hospital that allow young people to do this if they want to. Activities are supported by charitable funds and range from theme park days to meals out or bowling etc. The Teenage Cancer Trust Youth Support Co-ordinator will provide you with further information on this group.



The Clatterbridge Cancer Centre - Wirral
The Clatterbridge Cancer Centre - Liverpool
(based at the Royal Liverpool University Hospital)
www.clatterbridgecc.nhs.uk

Alder Hey Children's Hospital
www.alderhey.nhs.uk

TYA Specialist Stem Cell Transplantation and Cell Therapy Centre
The Clatterbridge Cancer Centre - Liverpool (based at the Royal Liverpool University Hospital)
www.clatterbridgecc.nhs.uk

Contacts

You can access the TYA team through your medical team.

Or contact us directly on:

Teenage & Young Adult Team

Main Office at The Clatterbridge Cancer Centre
0151 556 5122

CLIC Sargent Young Peoples Social Workers

Main Office at Alder Hey Children's Hospital
0151 252 5199

How we produce our information

All of our leaflets are produced by staff at The Clatterbridge Cancer Centre and this information is not sponsored or influenced in any way. Every effort is made to ensure that the information included in this leaflet is accurate and complete and we hope that it will add to any professional advice you have had. All our leaflets are evidence based where appropriate and they are regularly reviewed and updated. If you are concerned about your health in any way, you should consult your healthcare team.

We rely on a number of sources to gather evidence for our information. All of our information is in line with accepted national or international guidelines where possible. Where no guidelines exist, we rely on other reliable sources such as systematic reviews, published clinical trials data or a consensus review of experts. We also use medical textbooks, journals and government publications.

References for this leaflet can be obtained by telephoning 0151 556 5570.

If you need this leaflet in large print, Braille, audio or different language, please call 0151 556 5570.

If you have a comment, concern, compliment or complaint, please call 0151 556 5203.

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The Clatterbridge
Cancer Centre
NHS Foundation Trust

The Teenage and Young Adult (TYA) Cancer Service



**Merseyside, Cheshire
and North Wales**

This leaflet is for young people aged 16-24 years who have received a diagnosis of cancer and are living in Merseyside, Cheshire, North Wales or the Isle of Man. It is designed to let you know what services

are available for you, your family and your friends. We also support people with other conditions; these can be explained further by your medical team.

We know that the needs of teenagers and young adults are different from both older people and young children. Our experience and specialist training means we are aware of the challenges and impact of being told that you have cancer and how it can affect your day to day

life. We are here to provide emotional and practical support for you and your family throughout your treatment.

This leaflet gives you some information about the TYA cancer service for young people across Merseyside, Cheshire, North Wales and the Isle of Man. Our TYA cancer team of experts talk to and work with medical teams in all our hospitals across the region and can support patients wherever they are treated to ensure young people get the best possible care before, during and after treatment.

The TYA Multidisciplinary Team (TYA MDT)

The TYA MDT meet on a weekly basis, and discuss all young patients at the time of diagnosis and at other key points during their treatment. We are keen to know about all young people as they are told they have cancer as we want to be there to provide support for you. We aim to discuss all patients at the TYA MDT meeting no matter which hospital they are treated at. The TYA MDT members are particular experts in cancer in young people and together with your consultant will agree the most appropriate plan of treatment and supportive care. All of this will be discussed with you and your family.

The TYA Cancer Support Team

Once the TYA MDT are aware of you, they will contact you to discuss with you what support they can offer. The TYA cancer support team is made up of two Teenage Cancer Trust funded Specialist Nurses, a Youth Support Co-ordinator, a CLIC Sargent TYA Clinical Psychologist, several CLIC Sargent Young Peoples Social Workers and a CLIC Sargent Young Peoples Community Worker. They have looked after lots of young people with cancer and work alongside the doctors and nurses during and after treatment to offer advice, information and support. They can see you throughout treatment in whatever hospital you are treated at, and, if you want, sometimes at home as well. Members of the team can provide advice and support to you at your own individual pace including emotional and practical needs, side effects of treatment, coping mechanisms, financial issues including benefits and grants, educational/employment needs and social opportunities.



Where should I have my treatment?

Your cancer treatment is individual to you. Your consultant and their team will discuss the treatment plan and various options with you. This may include a choice of which hospital can provide your treatment most appropriately depending on your needs and circumstances, and the type of treatment that you need for your type of cancer.

- If you are aged 16-18 years, you should receive your treatment in a specialist TYA centre as agreed by national NHS guidance. Within the Merseyside

and Cheshire area there are three specialist hospitals including; Alder Hey Children's Hospital, The Clatterbridge Cancer Centre Wirral or The Clatterbridge Cancer Centre Liverpool (based at The Royal Liverpool University Hospital).

- If you're aged between 19 and 24 and have been diagnosed with cancer, you may have a choice about where to receive your care, depending on the type of treatment that you need and the type of cancer that you have. Sometimes this can be a difficult decision to make; you may need to think about access to clinical trials, cell therapies including stem cell

transplantation, being close to home, being in an age appropriate setting and more.

- If you are aged 16-24 and require stem cell transplantation or cell therapy, you will receive treatment at The Clatterbridge Cancer Centre Liverpool (based at The Royal Liverpool University Hospital).

Further information on choices can be found at www.nhs.uk/youngcancercare. This information will support the information given to you by your medical team, allowing you to make an informed choice on where to receive your care.