

# What is a nurse-led Abiraterone clinic?

## How we produce our information

All of our leaflets are produced by staff at The Clatterbridge Cancer Centre and this information is not sponsored or influenced in any way. Every effort is made to ensure that the information included in this leaflet is accurate and complete and we hope that it will add to any professional advice you have had. All our leaflets are evidence based where appropriate and they are regularly reviewed and updated. If you are concerned about your health in any way, you should consult your healthcare team.

We rely on a number of sources to gather evidence for our information. All of our information is in line with accepted national or international guidelines where possible. Where no guidelines exist, we rely on other reliable sources such as systematic reviews, published clinical trials data or a consensus review of experts. We also use medical textbooks, journals and government publications.

References for this leaflet can be obtained by telephoning 0151 556 5570.

If you need this leaflet in large print, Braille, audio or different language, please call 0151 556 5570.

**If you have a comment, concern, compliment or complaint, please call 0151 556 5203.**

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Nursing

**A guide for patients and carers**

As your Consultant has prescribed you Abiraterone for your prostate cancer, you will attend a nurse-led Abiraterone clinic. The clinic is run by senior nurses who specialise in prostate cancer.

## How does the clinic work?

- You will be allocated an appointment time to attend the Abiraterone clinic
- You will need to have a blood sample taken prior to this appointment so that your blood results can be reviewed at your clinic appointment
- You will be assessed by the nurse, this will include:
  - Your general health
  - Record your blood pressure and pulse
  - Inform you of your blood results
  - Review your medication
  - Discuss any problems or concerns you may have

If there is any cause for concern the nurse will refer you to the appropriate health care professional.

## What to do if you experience problems in between your appointments?

If you experience any problems in between your appointments please contact your nurse specialist or the CCC Hotline.

### **Prostate Advanced Nurse Practitioner:**

Sarah Jones

**0151 556 5932**

### **Clinical Nurse Specialist for Urological Cancers:**

Tracy Thomas

**0151 556 5897**

### **Prostate Advanced Nurse Practitioner:**

Eileen Lavelle

**0151 556 5829**

### **CCC Hotline 0800 169 5555**

If you are unwell during or up to 8 weeks following your cancer treatment please call the CCC Hotline. Your call will be answered by a dedicated nurse advisor. This line is available 24 hours a day, 7 days a week.

